



Notebook Making & Free Writing

Make a notebook with us! Combine different paper colours, weights, textures, gridded, dotted & lined to hand-make eclectic writing notebooks. The perfect introduction to Kat Kochs Free-Writing experience.

Saturday May
10th, 2-4pm

Sliding
Scale €20-30

What if unlocking your creativity was a lot simpler than you've let yourself believe?

Come learn about the art of free writing with Kat Koch, author of Rainbow Weather, and experience how 5 to 10 minutes can make you a better writer, artist, academic or even copy writer!

Free writing is pen to paper, stream of consciousness writing - no thinking, editing, or even stopping. You write until your allotted time is up. You can use it to clear your mind, as a tool for reflecting on a memory, problem or creative project with the use of writing shuttles and even as a way to process grief. It's simple, powerful and what completely changed Kat's writing process as she wrote my first book. It made her a better writer.